

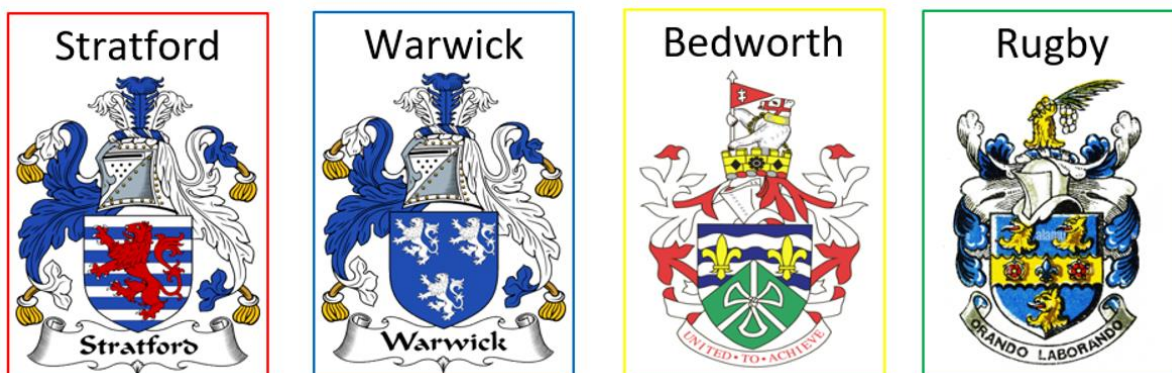
Intent

At Exhall Junior School, we recognise the importance of Physical Education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development.

Physical Education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. It promotes an understanding in children of their bodies in action and involves thinking, selecting and applying skills whilst promoting positive attitudes towards a healthy lifestyle.

We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence to manage themselves and their bodies within a variety of movement situations. A balance of individual, team, cooperative and competitive activities aim to cater for individual pupil's needs and abilities. Daily physical activity and health enhancing activities also play a crucial role in our offer to pupils. This includes: active lessons, active break and lunchtimes and extra-curricular activities.

All children have been divided in to the following house teams which are used for our whole-school behaviour policy and to organise team games etc. This allocation gives all pupils the sense of being part of a team and working towards a common shared goal:



Implementation

In our school, all children receive P.E in the following way:

	Class A	Class B	Class C		Class D	Class E	Class F
Block 1	Forest School	Cricket	Swimming	Swimming	Swimming	Cricket	Forest School
		Football	Football		Health Related Fitness	Health Related Fitness	
Block 2	Forest School	Dance	Swimming	Swimming	Swimming	Dance	Forest School
		Dodgeball	Dodgeball		Basketball	Basketball	
Block 3	Dance	Swimming	Forest School	Forest School	Swimming	Health Related Fitness	Health Related Fitness
	Gymnastics	Gymnastics			Badminton	Badminton	
Block 4	Dodgeball	Swimming	Forest School	Forest School	Swimming	Dance	Dance
	Football	Athletics			Athletics	Basketball	
Block 5	Swimming	Forest School	Dance	Forest School	Badminton	Forest School	Swimming
	Athletics		Athletics		Athletics		Athletics
Block 6	Swimming	Forest School	Gymnastics	Forest School	Dance	Forest School	Swimming
	Cricket		Cricket		Cricket		Cricket

Children will learn how to apply all skills taught throughout their school journey in isolation and combination. They develop an understanding of how to improve, evaluate themselves and others and recognise their own success.

In the 2022/2023 academic year, all children will be provided with swimming lessons to allow them to meet the objectives outlined in the National Curriculum. PE is adapted when necessary to ensure it is fully inclusive and all children are engaged.

Throughout LKS2/UKS2, class teachers follow the PE Progression of Skills Document. The aim of this is to see a clear progression of skills throughout their school journey. At the end of the year, the school hosts a Sports Day where parents are invited in to support their children. As well as this, the school is part of the 'NW Active' group which entitles us to regularly compete against other schools in the local area, attend events aimed to inspire non-active and SEND pupils, staff CPD and regular support with regards to the spending of Sports Premium. Our school is currently on a mission to achieve Bronze or higher in the Schools Games Mark.

Impact

Children will leave Exhall Junior School as skilful and intelligent performers and they will acquire and develop skills and perform with increasing physical awareness. It is our hope that our pupils will have the ability to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking. They will set targets for themselves and compete against others and they will understand what it takes to persevere, succeed and acknowledge others' success. We hope our children will take the initiative, lead activities and focus on improving performances whilst having the competence to excel in a broad range of physical activities.

Ultimately, we hope that our children will lead healthy and active lives and make positive life choices because they have developed positive attitudes to participation in physical activity and have embedded values such as fairness and respect.

We hope that through the use of pupil voice, children are able to talk enthusiastically about their P.E. lessons and can confidently talk about why Physical Education is important. Our aim is for all children to enjoy their active lessons and break and lunchtimes and understand how this contributes to a healthy outlook