



Newsletter

JANUARY

"The start of something new brings the hope of something great."

WELCOME!

Dear Families,

As we welcome the new year, there's much to look forward to here at Exhall Junior School. It's a time of renewal and new beginnings.

As you already know, I will be leaving the school at the end of this academic year. Whilst I am very sad to go, I did start at the school in 2009, which is a significant amount of time, and a child in Year 3 did recently say – well, Mr Mann, you are seventy!

However, as I bid farewell, we also look forward to the new possibilities that this change will bring. The process of selecting a new Head Teacher will begin shortly, and we are committed to ensuring that the next chapter will

continue to build on the values and successes already established and embedded.

This transition will also open doors for fresh ideas, new initiatives, and the chance to strengthen the school community further. We are excited for the potential that lies ahead and the chance to embrace the future with optimism and ambition.

Thank you for your continued support as we navigate this important moment in our school's journey. We are confident that, together, we will continue to grow and thrive in the year to come.

Let's make 2025 a year to remember!

Mr Mann



A New Year Resolution Worth Carrying On With

We kindly remind all families of the importance of ensuring children wear seat belts while traveling to and from school. Seat belts are essential for keeping children safe in vehicles and are a legal requirement, and staff and parents have seen a number of children in the back, and even front seats, seat not wearing one.

A sobering fact is in a 30mph crash, an unrestrained child will collide with something in the car – the seat, the door, the dashboard – with the same force as hitting the ground after falling from a fourth floor window.

Please double-check that your child is securely buckled up before setting off, and remind them of the importance of wearing a seat belt throughout the journey. Together, we can help keep everyone safe on the road.

Thank you for your support in prioritising the safety of the children. More information regarding heights/weight around car seats here [Link](#)



Another New Year's Resolution: Let's Tackle Lost Property Together!

As we begin the new year, we'd like to set a simple but important resolution: Let's reduce lost property in 2025!

We know that misplaced items can be a hassle, and many items end up in our lost property box simply because they're not properly labelled.

Here's how we can all help:

Label Everything – Please ensure that all uniforms, coats, shoes, and personal items are clearly labelled with your child's name.

Check Lost Property Regularly – We encourage students to check the lost property box if they've misplaced anything. Parents, please feel free to come in and have a look too.

Encourage Responsibility – Help your child take responsibility for their belongings by reminding them to check they have everything before leaving school at the end of the day.



Rugby House Team Day

Designing and making their banner!



Year 4



In science, Class B began their new exciting topic on sound. They've investigated different instruments to discover how they made a sound. They have found that guitar strings vibrate when plucked and that a drum skin vibrates when we hit it.



They also made telephones using cups and string. They recognised that vibrations travelled down the string and into their ear. They could hear a message from their friend all the way across the hall! Science in action!



Year 3



In Design and Technology, Year 3 have explored pneumatic systems. The children worked in pairs to join together a syringe, a piece of tubing, a balloon and an elastic band to create their system. They then sketched and labelled what they had created. Carrying on with the lesson over the next few weeks, they are going to design monsters which will have moving pneumatic parts.

Year 6



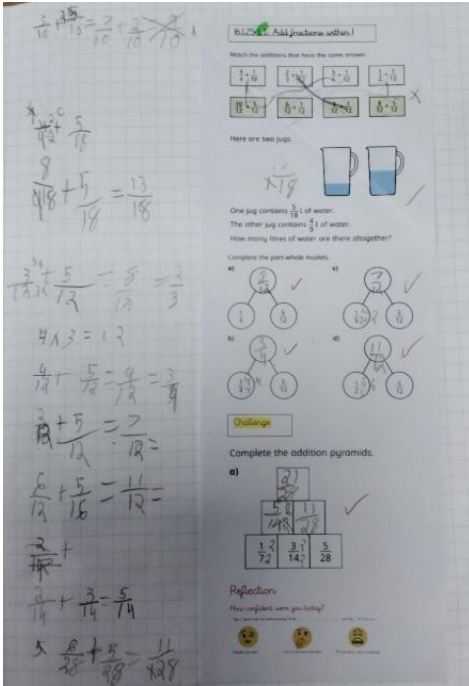
Carrying on the Design and Technology theme, this time inspired by the animations of Wallace and Gromit, Year 6 have been hard at work designing and making their contraptions.



Year 5

Have been working on some tricky fractions.

Everyone worked extremely hard, some did struggle at the start, especially when they had to add fractions, but using the magic ingredients of practising and persevering, everyone got there.



A Fond Farewell to Mrs Hough

It is with mixed emotions that we announce the departure of Mrs Hough, one of our valued Learning Mentors, who will

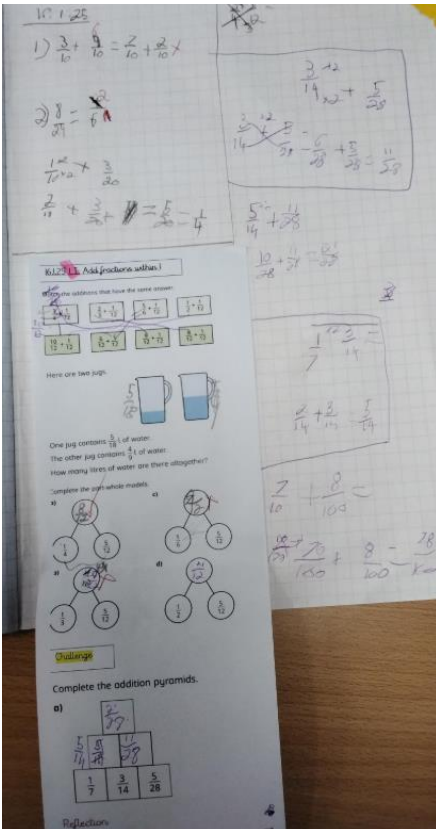


be leaving us on Friday 14th February. After an incredible 24 years of dedicated service, Mrs Hough has been a pillar of support for both students and staff, always going above and beyond to provide guidance, care, and emotional support. Her work has had a profound impact on the well-being and success of many children during her time with us.

While we are sad to see her go, we are excited for the new chapter ahead for Mrs Hough. I am sure that you will join us in wishing Mrs Hough all the very best in her future endeavours. Her presence will be missed, but the legacy she leaves behind will remain a cherished part of our school.

Quick Times Table Check

By Year 4, every child should know and recall their times table facts with quickly. You should be able to ask them to identify the times table any number appears in from 0 up to 144. Asking your child will help to identify those facts they need to know.



A Big Thank You to Sandra

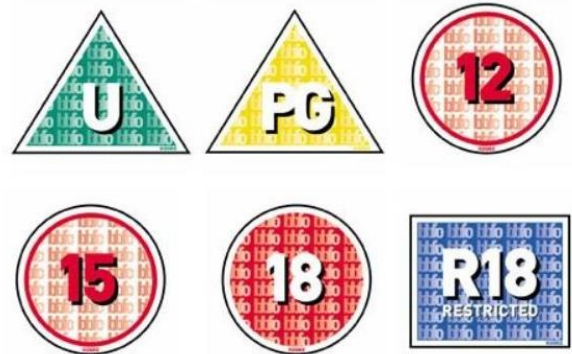


Supporting the assembly the week on the Chinese New Year, we had a special menu prepared by Sandra in the kitchen. We would like to extend a heartfelt thank you for her hard work and dedication throughout the year.

Sandra has gone above and beyond recently, putting together some fantastic special menu meals that have been thoroughly enjoyed by both students and staff alike. Your efforts do not go unnoticed, and we are lucky to have you as part of our team!

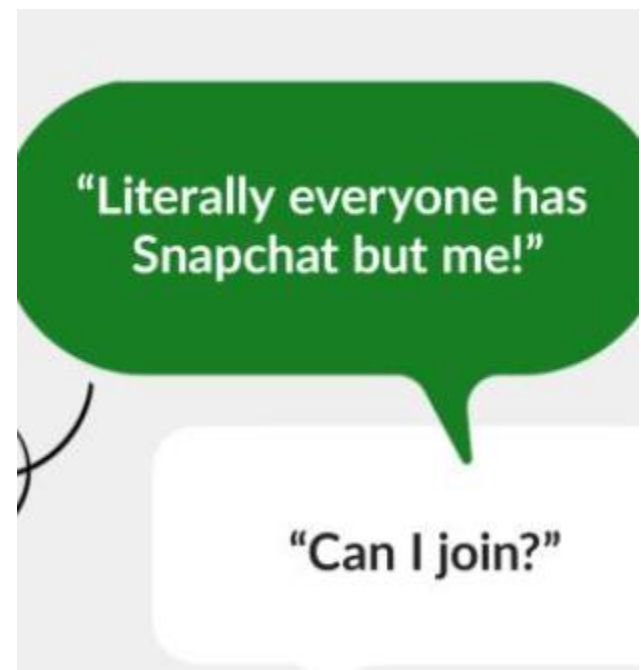
Here's to many more wonderful meals in the year ahead!

Keeping Your Child Safe



As part of our ongoing commitment to supporting the well-being and safety of our students, we'd like to gently remind everyone about the importance of following age guidelines for games, mobile apps, and TV programmes.

In school, children share with their friends what they are watching, games they are on etc. this only creates another issue as it encourages other children to then investigate by themselves.



These age ratings are in place to ensure that children are engaging with content that is appropriate for their age group and developmental stage. Many games and apps can expose children to material that may not be suitable for them, and TV programmes often contain content that may be too mature.

We encourage you to take the time to check the age recommendations on the games and apps your child uses, as well as the TV shows they watch. Setting boundaries around screen time and ensuring content is age-appropriate is an important part of helping our children navigate the digital world safely.

By working together to respect these guidelines, we can help ensure that our children enjoy healthy, balanced, and age-appropriate entertainment both at home and in school.

Thank you for your continued support in keeping our children safe and happy.



Big Umbrella in Warwickshire



Big Umbrella is an early intervention project aimed at building young people's resilience and equipping them with the skills to manage and maintain good mental wellbeing. The service supports young people in Warwickshire.

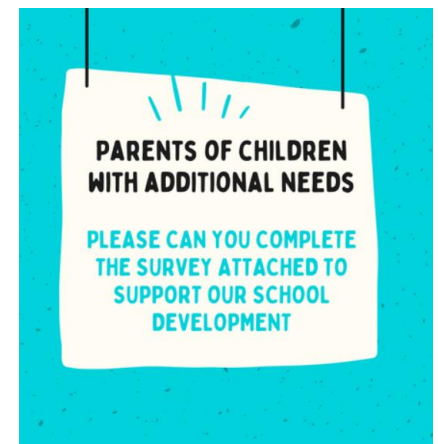
Coventry and Warwickshire Mind has been delivering services and support to children and young people for over 16 years.

They held an assembly on Thursday and will be doing more targeted work with specific year groups over the next few weeks.

To support our school development, please can we ask all parents of children with additional needs to complete the

Warwickshire survey that's linked here:

<https://forms.office.com/e/9Gq31CRXaf>





We would love to celebrate all the wonderful things your children are getting up to outside of school during our weekly Pride Assembly! Whether it's a recent swimming achievement, a piece of art they're particularly proud of, or a certificate from a local club, we want to hear about it!

Please send in photos, certificates, artwork, or any other items that showcase your child's interests, hobbies, and accomplishments outside of the classroom. These achievements are just as important as those made within school, and we would love to celebrate their hard work and dedication. You can send photos and details to admin2571@welearn365.com, or bring them into the school office.

Just like Lily did –



Children in our school do grow up, so we feel maintaining the health and



wellbeing of our teens is as important as ever. Warwickshire County Council wants to support parents and carers in helping their teenagers build knowledge about their own health and wellbeing, as well as taking away useful tips to start conversations with their teens if they are worried about any particular issues.

In the latest episode of the Let's Talk Warwickshire podcast, key professionals from across the county discuss important topics that may affect teenagers. Listen to the episode here: <https://letstalkwarwickshire.podbean.com/e/warwickshire-public-health-keeping-our-teenagers-safe-and-well/>

Free vaping and smoking cessation support is available for anyone living or working in Warwickshire aged 12+. Access support and guidance by visiting

www.smokefreecw.co.uk

Young people, parents, and carers can contact the school nursing service by visiting calling 03300 245 204, or here www.compass-uk.org/services/c4h/

Parents and carers with children of all ages can access further support and guidance at

www.warwickshire.gov.uk/childrenandfamilies



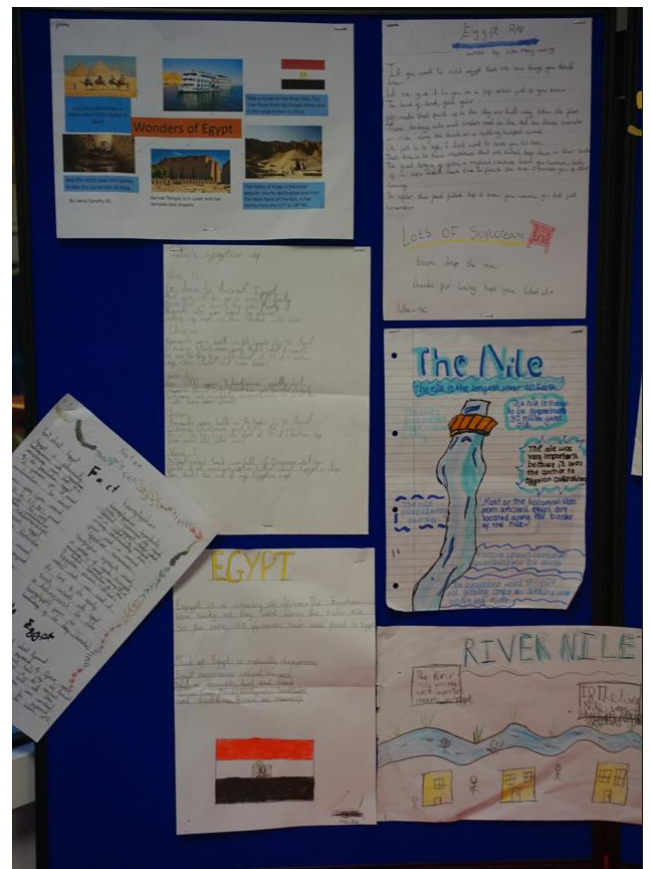
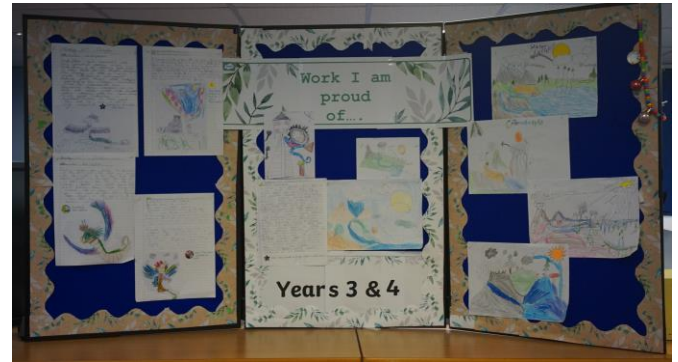
Warwickshire's youth council has worked with the Child Friendly Warwickshire campaign to plan the conference programme and are thrilled to announce the county's third annual event which will take place on Friday, 25 April 2025, at The Slate Conference Room, University of Warwick.

The free conference is aimed at young people aged 11-17 (or up to age 25 with SEND) from across Warwickshire. It aims to provide a friendly and empowering environment to discuss important topics with organisations that are making a difference in communities.

Mark your calendars and look out for booking details, which will be available soon on the Child Friendly Warwickshire website. To find out more, visit <https://www.childfriendlywarwickshire.co.uk/>

This event is supported by the Child Friendly Warwickshire programme, which works to ensure all children and young people have a voice that is heard, that they are safe, happy, and healthy, and that they are equipped with the skills to lead their best lives.

Homework and Work to be Proud of



Homework at Exhall Junior School

Reading

Pupils at EJS are given a book banded reading book and will select a book from their class library to read for pleasure.

Pupils are expected to read at home at least 3 times per week and recorded in their reading record.

Every time they read at home 3 times, pupils are given a raffle ticket to go into a class pot.

Every two weeks, 2 raffle tickets are drawn out of the pot and winners collect a prize from the Reading Suitcase in Pride Assembly.



Other homework

For each learning block a 'menu' of tasks will be sent home to pupils. This will include a range of activities for pupils to choose from, linking to the wider curriculum that is taught in school.

These tasks are optional, **however for each task that is completed, pupils will receive a raffle ticket.**

At the end of the learning block, 3 raffle tickets are drawn from each class and a reward will be chosen from our reward list.

Evidence of this homework can be brought into school or shared with the teacher via Class Dojo.

Times Table Rockstars

Pupils at EJS are expected to access TTRS at least 3 times per week. Pupils are also given the opportunity to access TTRS at school at least once per week.

Each month, there is a battle between classes:

A vs B C vs D vs F

The winning class is rewarded with 10 minutes extra play.

Pupils should play on Studio as this improves their Rock Status. Pupils are aiming to become a Rock Star, a Rock Legend or the ultimate Rock Hero. Once they reach these levels, they will be awarded a certificate in Pride Assembly and their name will be displayed in the hall on our TTRS leader board.



Spellings

Pupils are given spellings on a Monday morning and will be tested on a Friday.

Pupils are given opportunity to practise in school but they **should also be practising at home.**

Get 7 or more correct and the pupil will receive a raffle ticket.

At the end of the learning block, 3 raffle tickets are drawn from each class and a reward will be chosen from our reward list.

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

Week one

Warwickshire, Coventry: 189, 710, 1911, 812, 13126, 32, 33, 243
Oxfordshire: 189, 710, 1911, 812, 13126, 32, 33, 243

MONDAY

Choose a main meal...
Pork Meatballs in Tomato Sauce with Noodles (G,E)
(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Lemon Shortbread (G)
(v) Cheese Crackers and Apple Wedge (G,D)
Fresh Fruit

TUESDAY

Choose a main meal...
(h) Chicken and Country Vegetable Pie with Potato Wedges (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Chocolate Crackle (G)
(v) Yoghurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal...
British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D,E,G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Syrup Sponge with Custard (D,G,E)
(v) Ice Cream (D)
Fresh Fruit

THURSDAY

Choose a main meal...
Chicken Fillet Wrap and Sweetcorn Salsa Dip with Diced Potatoes (G)
(v) (h) Mac 'n' Cheese with Homemade Bread (D,G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Apple Donut (G,D,E,SB)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal...
(msc) Battered Fish Fillet (G,F) with Chipped Potatoes

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) (h) Jelly with Fruit
(v) (h) Crunch Cookie (G)
(v) Yoghurt (D) or Fresh Fruit

Weekly Menu

Week two

Warwickshire, Coventry: 29, 239, 1410, 411, 2511, 1812, 20126, 102, 103, 310
Oxfordshire: 29, 239, 1410, 411, 2511, 1812, 20126, 102, 103, 310

MONDAY

Choose a main meal...
British Pork Sausages with Gravy & Mash Potatoes (G,DU,SB)
(v) (h) Cheese and Potato Pie served with Vegetables of the Day (D,E)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Flagjack (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...
(h) British Beef Solognole with Homemade Garlic Bread (G/cheese D)
(vg) Veggie Plant Burger in a Wrap with Crispy Diced Potatoes (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Strawberry Whip with Fruit (D)
(v) Cheese Crackers and Apple Wedge (G,D)
Fresh Fruit

WEDNESDAY

Choose a main meal...
British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Apple and Pear Crumble with Custard (G,D)
(v) Ice Cream (D)
Fresh Fruit

THURSDAY

Choose a main meal...
(h) Italian Chicken Pasta (Chicken and pasta in a tomato sauce) with Freshly Baked Pesti Pain (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Up Beet Chocolate Cake (G,E)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal...
(msc) Salmon Fish Cake with Chipped Potatoes (G,F)

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) (h) Ginger Cookie (G)
(v) Jelly with Fruit
(v) Yoghurt (D) or Fresh Fruit

Week three

Warwickshire, Coventry: 89, 308, 2110, 1111, 212, 8126, 271, 242, 179, 714
Oxfordshire: 89, 308, 2110, 1111, 212, 8126, 271, 242, 179, 714

MONDAY

Choose a main meal...
Southern Style Chicken Strips in a Wrap with Potato Wedges (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Chocolate Orange Cookie with Orange Wedges (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...
Beef Burger in a Wrap with Crispy Diced Potatoes (G,SB,DU)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Shortbread (G)
(v) Cheese Crackers and Apple Wedge (G,D)
Fresh Fruit

WEDNESDAY

Choose a main meal...
British Roast Pork Loin, Apple Sauce and Gravy

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) (h) Apple and Cinnamon Charlotte with Custard (G,DU,D)
(v) Strawberry Swirl Mousse (D)
Fresh Fruit

THURSDAY

Choose a main meal...
(h) Mild and Creamy Chicken Korma with Wholegrain rice (D)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Pancakes with Fruit (G,D,E)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal...
(msc) Fish Fillet Fingers (G,F) with Chipped Potatoes

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) (h) 'School Favourite' Brinkles Sponge Cake (G,E)
(v) Yoghurt (D) or Fresh Fruit

Full Cordial or fruity Water from the Hydration Station, Semi Skimmed Milk & fresh bread are also offered daily
Vegetable accompaniments change to reflect seasonal availability

ALLERGEN KEY
G = Gluten/Wheat
D = Dairy
V = Vegetarian
SB = Soya Beans
DU = Dried Uril Beans
E = Eggs



Allergies
Please contact your school cook for information regarding the content of dishes and products on our menu

Exhall Cedars Infant School



Exhall Cedars is a small, nurturing Infant School, in the heart of the Exhall community, serving Exhall, Bedworth, Hawkesbury Village, Brindley Edge and the Warwickshire/Coventry border.

Cedars provides an **excellent educational experience** for children aged 2-7 years.

Ofsted March 2020:

"Nurturing relationships exist between adults and children in the setting. Children get off to a good start." "Leaders have created a warm and welcoming environment for pupils and staff. Pupils like school and they feel safe."



Pre-school & Nursery

We provide sessional term time provision for 2-4yrs. We support 2Help and 3yr old NEF, including 30 hr provision for working parents.

Nursery 3-4yrs: am/pm or all day sessions

Pre-School 2-3yrs: Flexible to your needs.

Wraparound for 2-4yr olds is available, through school, at an additional cost

We accept Tax Free Childcare and Childcare Vouchers



Bedworth Foodbank
C/o Bedworth Baptist Church
28 Coventry Road
Bedworth
CV12 8NN

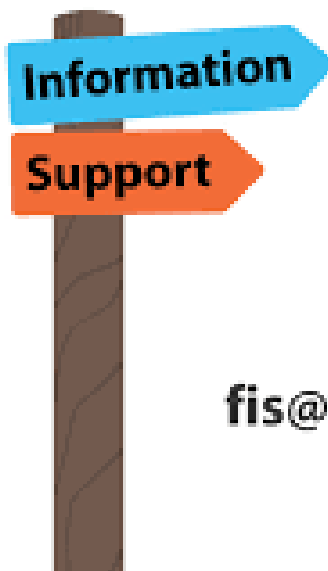
T 07809 203178

E info@bedworth.foodbank.org.uk
www.bedworth.foodbank.org.uk

 www.facebook.com/bedworthfoodbank



<https://www.nuneatonandbedworth.gov.uk/support-advice/cost-living-support>



FIS

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